

Bestland News

Volume 12, Number 12, August 2011



Hear what's happening at Bestland!

The month of July was a busy one, here are just a few highlights. Our Open House was a huge success! Thank you to all that attended, we had such a wonderful time eating the tasty treats and showing our friends our community. We wish to congratulate Cassie Brumley who won our fabulous door prize donated by Family Homecare. Thank you to ResCare Homecare, and Comfort Keepers who donated to our Open House also! We celebrated the 4th of July with Fireworks in the front of the building where residents enjoyed camaraderie and friends, and were served lemonade and popcorn while they enjoyed the show! Residents shopped at Garage Sales where they each found a treasure or two. We ate out at the Red Robin, what a fun time everyone had! We enjoyed much entertainment throughout the month including Tom Cooper, and visiting our friends in Kellogg where we attended the Kellogg Senior Center's dance! Jeanette and Renee, along with 12 residents rode in our Bestland bus to Kellogg and enjoyed the residents of Kellogg, their hospitality was second to none! We enjoyed fried chicken on our picnic in the park, what a perfect spot to enjoy a picnic while peering at beautiful Lake Coeur d' Alene! Our "Fit & Fall" exercise classes are very well attended by our residents as well as people who don't live at Bestland. Jeanette is a fabulous instructor and she is even certified through Panhandle Health to teach the classes. As I'm running out of space, I better wrap this up. Dear friends, if you are at all interested in attending our events, please call and request a calendar, we would be happy to send you one!

Bestland Special

Offer:

2 Months

FREE Rent

and we'll pay your
moving expenses!
(208) 665-1600

Bestland News

Bestland Senior Living

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Coeur d' Alene, ID 83814

(208) 665-1600



TO:

Bestland

Senior Living Community

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Dear Friends,
Thank you to all of our Bestland residents and friends of Bestland who have contributed your stories to the newsletter. It is truly a privilege to learn about your lives! I love to hear that you are reading my newsletter, your feedback is very meaningful. Please share your stories or feedback by contacting me, Dana Klaas, (208) 665-1600. Our Office Manager, Renee St. Peter, interviewed our resident for this edition of the newsletter, I wish to thank her for her help and support. This month's life story is from our resident Katherine "Kay" Maturi.



Renee St. Peter

Katherine Maturi has made Bestland her home for 5 years. She enjoys Wii bowling, playing poker and attending the Bestland dances.

Kay was born in Cleveland, Ohio but raised in Newcastle, Pennsylvania. She had a passion for doing hair and after finishing jr. high school, attended beauty school and became a beautician. She worked in the hair business for a while and eventually owned her own beauty salon. (She's been known to fix a few self-inflicted bad hair cuts around Bestland still!)

At the age of 28, while vacationing with her parents in Niagara Falls on July 4th, Kay met her future husband, Dino, who was born and raised in Italy. He told her she would be his wife in 6 months. True to his word, Kay and Dino were married the next February. They made their home in Newcastle, PA.

When Kay became pregnant with their first child, her clients at the salon worried about who would continue doing their hair while she was out.

Her artistic husband, who painted the ceilings in chapels and churches for a living in Italy, went to beauty school, got licensed and took over Kay's business so she could have babies and be at home for a time. She said he was very good at it, but his heart was in decorating, so he opened a very successful painting and wallpaper business.

An interesting fact about Kay is she also did hair for the deceased. She had a very dear friend pass away and wanted to be the one to do her hair for her funeral. That's how it all started.

The best thing that's ever happened to Kay is to have met and married the man she did and to have raised 3 wonderful children (both girls live in the area)

Many of you have thought about moving to Bestland, but you haven't done so yet. Let me give you a few facts to ponder!

- 1. Live healthier ~ Living in communities with more physical and mental stimulation can help you live a happier, healthier life. Bestland Senior Living has a fitness center that includes weights and cardiovascular machines. In addition, our Fit and Fallproof fitness classes are every Tuesday and Thursday. Plus, our vibrant social calendar is alive with continuing education classes, computer classes, and exciting events which make for a healthy retirement.*
- 2. No more home maintenance. That 40-year old home may have a lot of character and memories but it also causes a lot of home maintenance headaches.*
- 3. You will wish you would have done it sooner. I've helped several hundred active adults move into retirement communities. Inevitably, the biggest complaint I hear once the new residents are settled in to their new home is that they wish they would have done it sooner. Retirement communities offer a lifestyle unmatched in a regular community. The sooner you take advantage of the opportunities available at an active retirement community, the longer you can enjoy life there.*

